

# Exploring Health Equity and the Built Environment through the Social Determinants of Health

Traci Rose Rider, NC State
Victoria A. Lanteigne, NC State
J. Aaron Hipp, NC State
Kia E. Baker, Baker Ingenuity Group
Rosa McDonald, NC State

#### NC STATE Design



College of Natural Resources



# Background



Emphasis is being placed on the built environment's role in impacting health equity (Frumkin 2021).



Connections between the built environment and public health are now widely recognized.



Addressing health equity includes the active removal of barriers that impact one's ability to be as healthy as possible (Brooks-LaSure et al. 2021).



Scholars, industry leaders, and policymakers are beginning to look more closely at the built environment's role in advancing health equity (Fedorowicz et al. 2020; Frumkin 2005).

# Social Determinants of Health



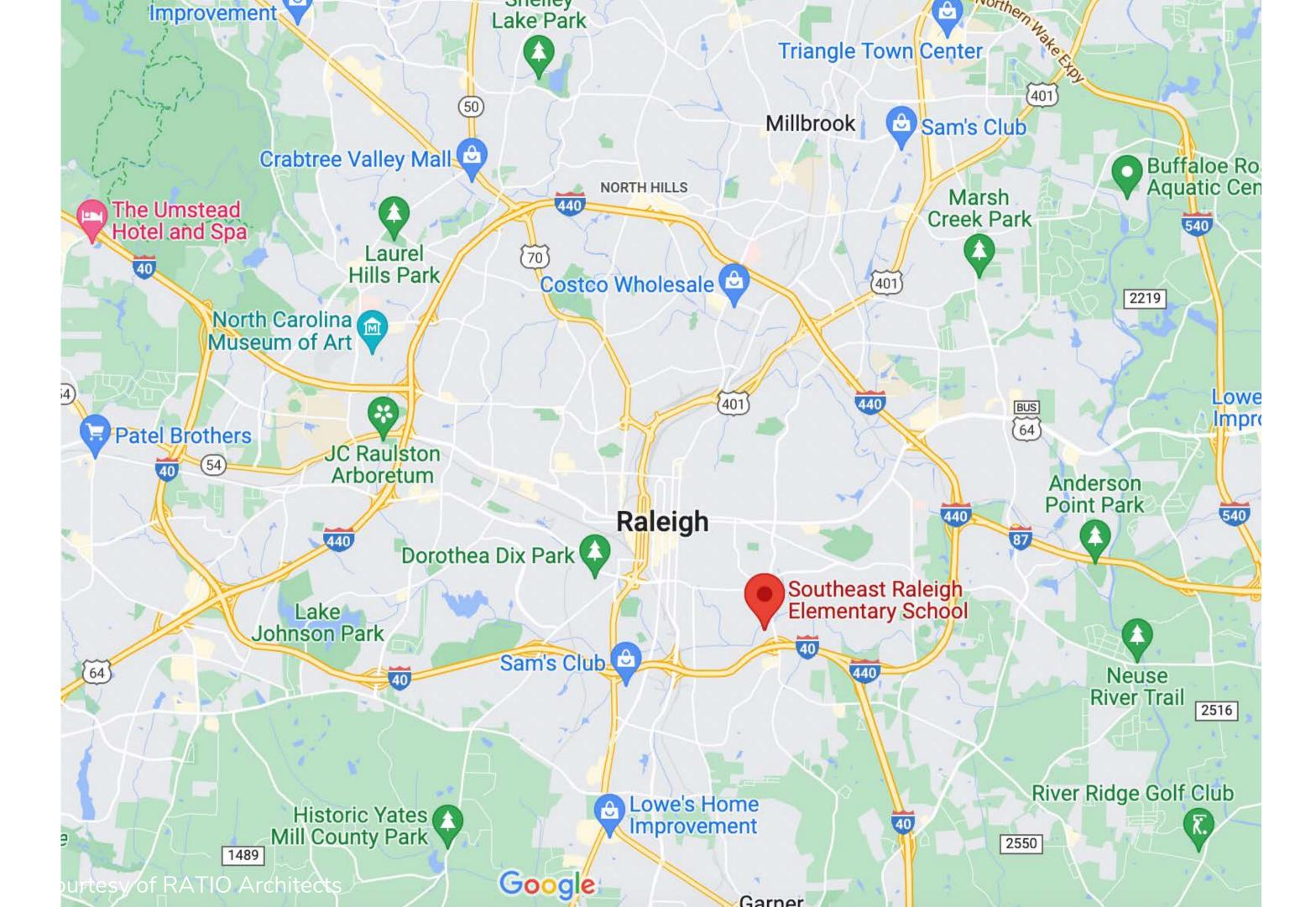
**Economic Stability** 

**Education access and quality** 

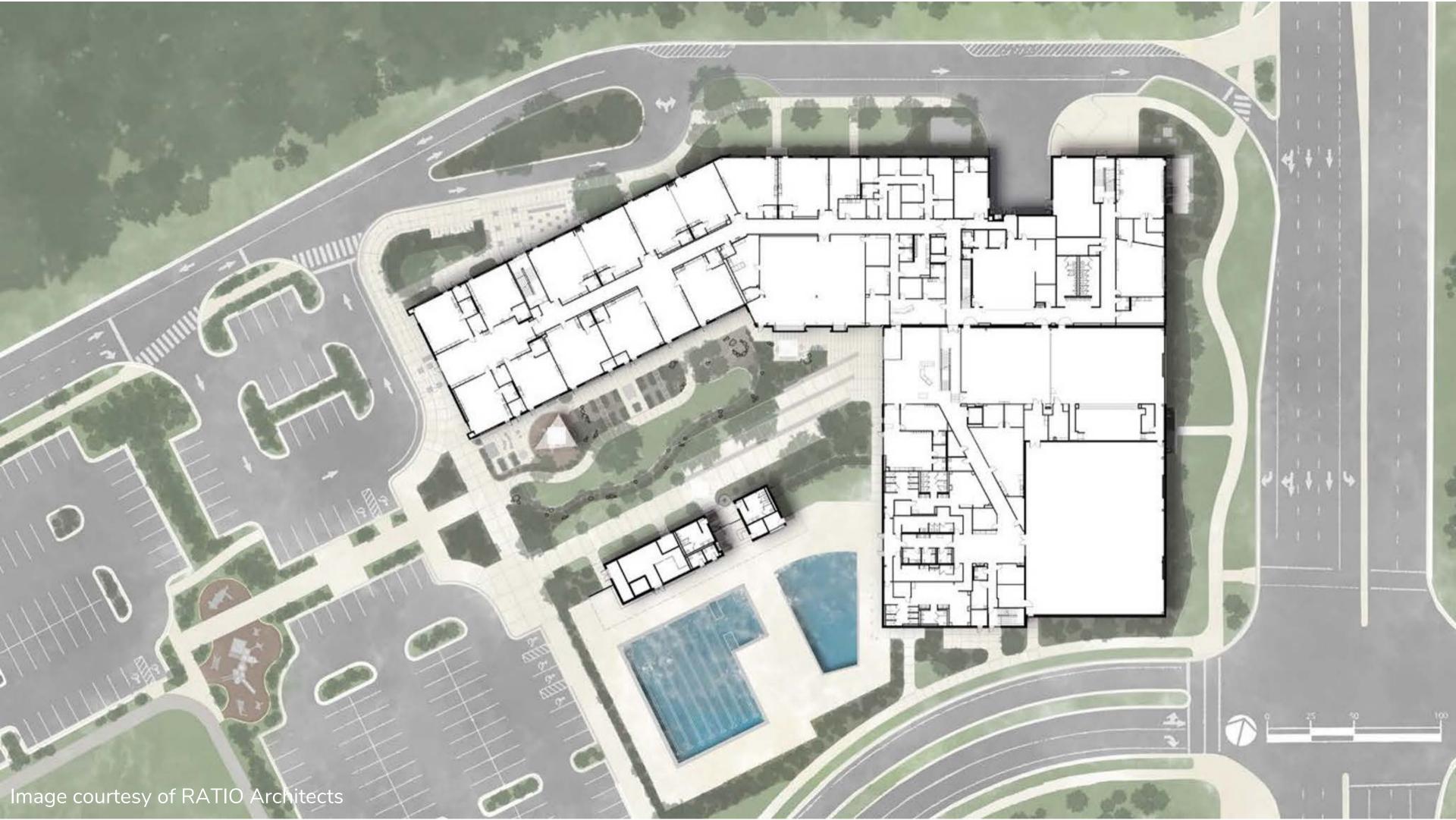
Health care access and quality

Social and community context

Neighborhood and built environment









YMCA/elementary school impact the mental and physical wellness of students, families, staff, and the greater community?

1) What are ways in which design can impact health equity?

How does the unique designed

# Research Question(s)

- 2) What are the current barriers to health equity that can be impacted by design?
- 3) What opportunities exist to increase health equity through design?



# Methodology: Case Study



Case study methodology (Yin 2006)

Occupant surveys, in-person interviews, building assessments, & community canvassing

Purposive sampling: 90% nonwhite; 56% of households earning less than \$40,000/year; only 21% of adults w/ college education

Matched elementary school

Focuses on findings from participant surveys



# Data Collection

Online, anonymous survey (Sp-Su 2021)

Mix of open and close-ended questions developed with SDOH as guiding categories

Each SDOH "module" had 3-5 Likert scale questions aiming to operationalize health equity in school environments

"Neighborhood and built environment" module contained 10-15 close-ended questions about participant experiences and indoor/ outdoor environments

**ACADEMICS** 

SERVICES

**PROGRAMS** 

**ABOUT US** 

CAREERS

#### Request for Conducting Research

COMMUNITY

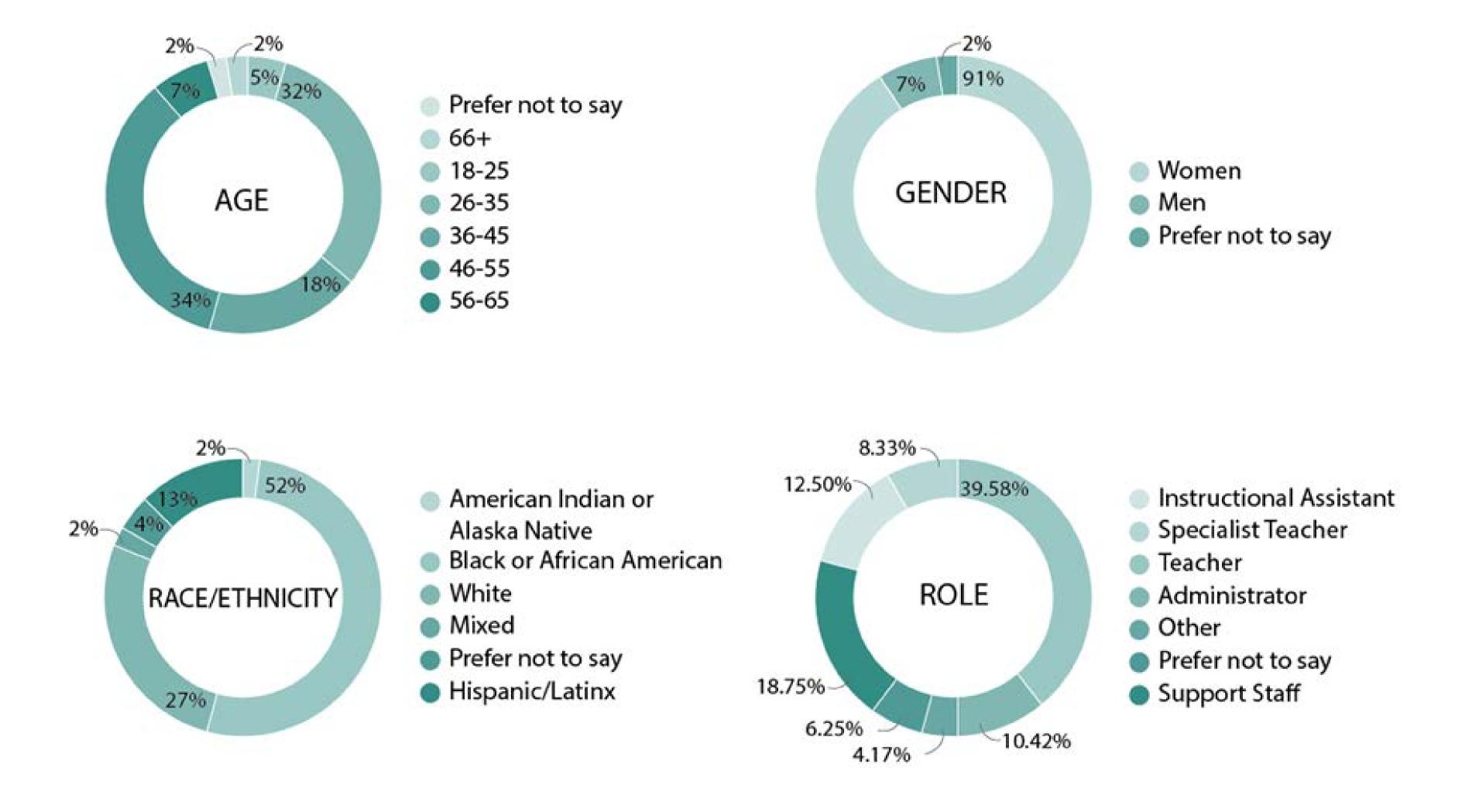
STUDENTS

**PARENTS** 

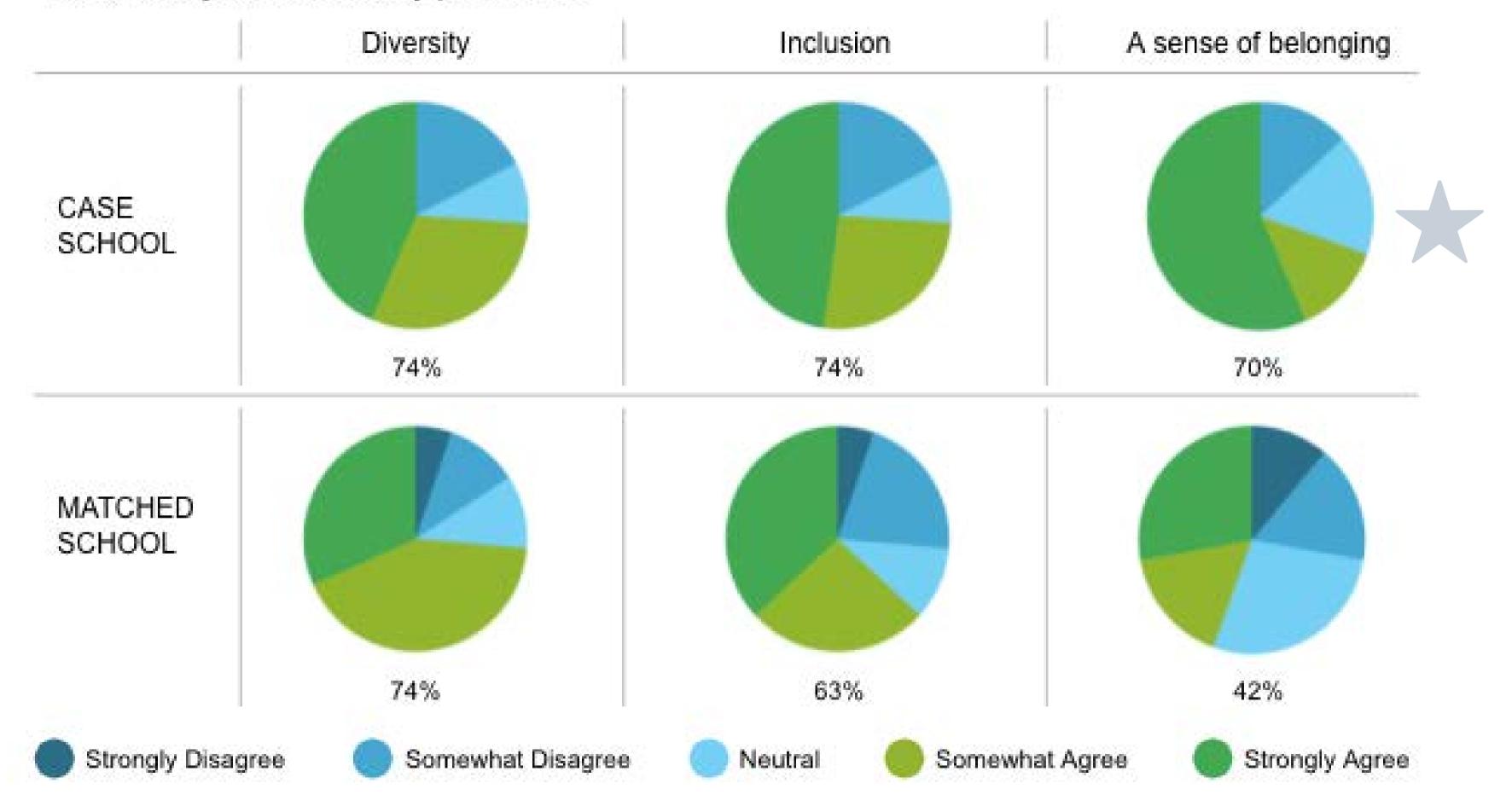
Due to the COVID-19 pandemic, we have suspended all in-person data collection from teachers, students, and parents until further notice.

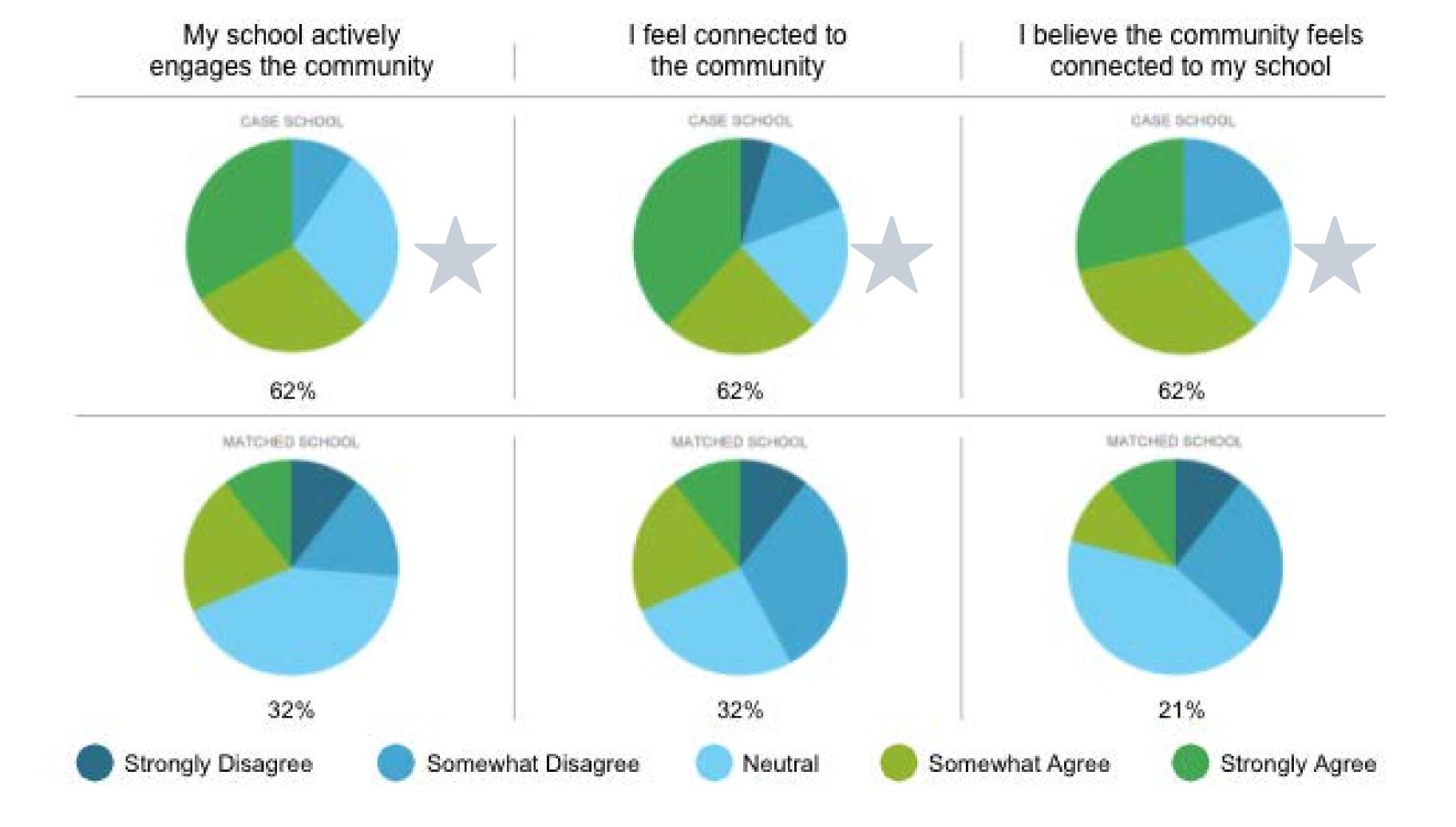
#### A. Conducting Research in WCPSS

The Wake County Public School System (WCPSS) is committed to conducting and facilitating original research to improve outcomes for students, teachers, and staff. To that end, the department of Data, Research, and Accountability (DRA) cultivates partnerships with individuals affiliated with universities and

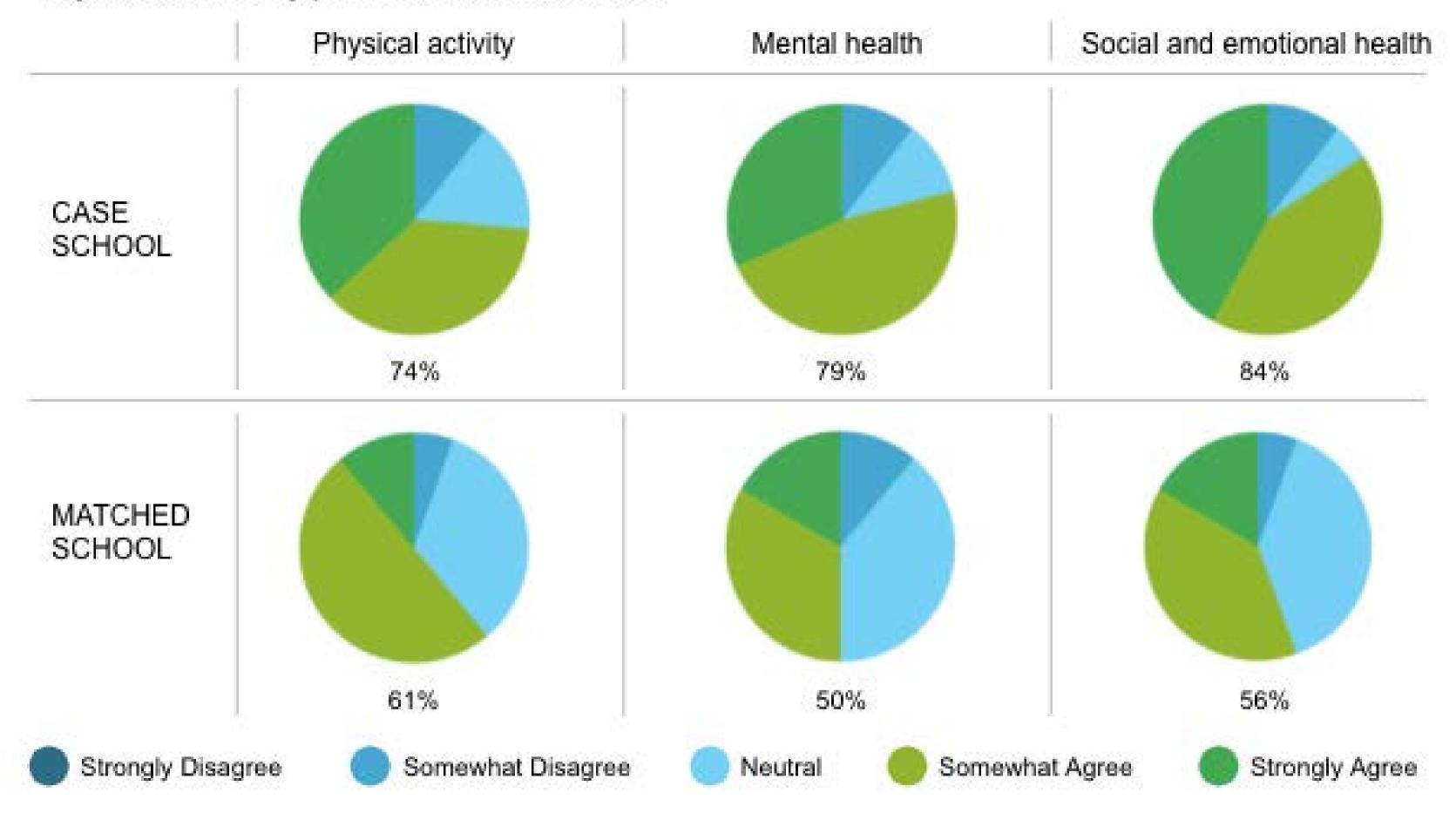


#### I believe my school actively promotes...

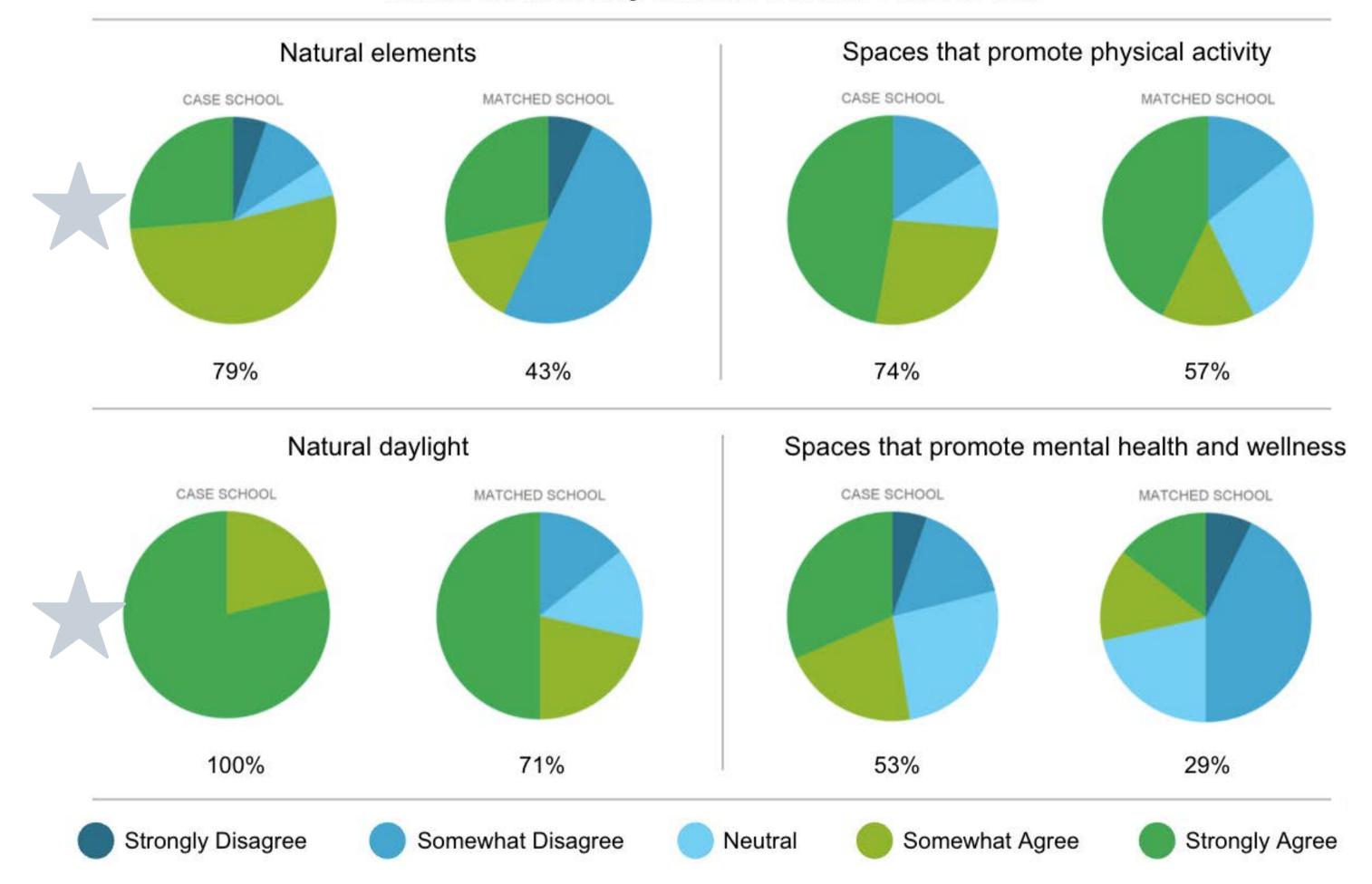




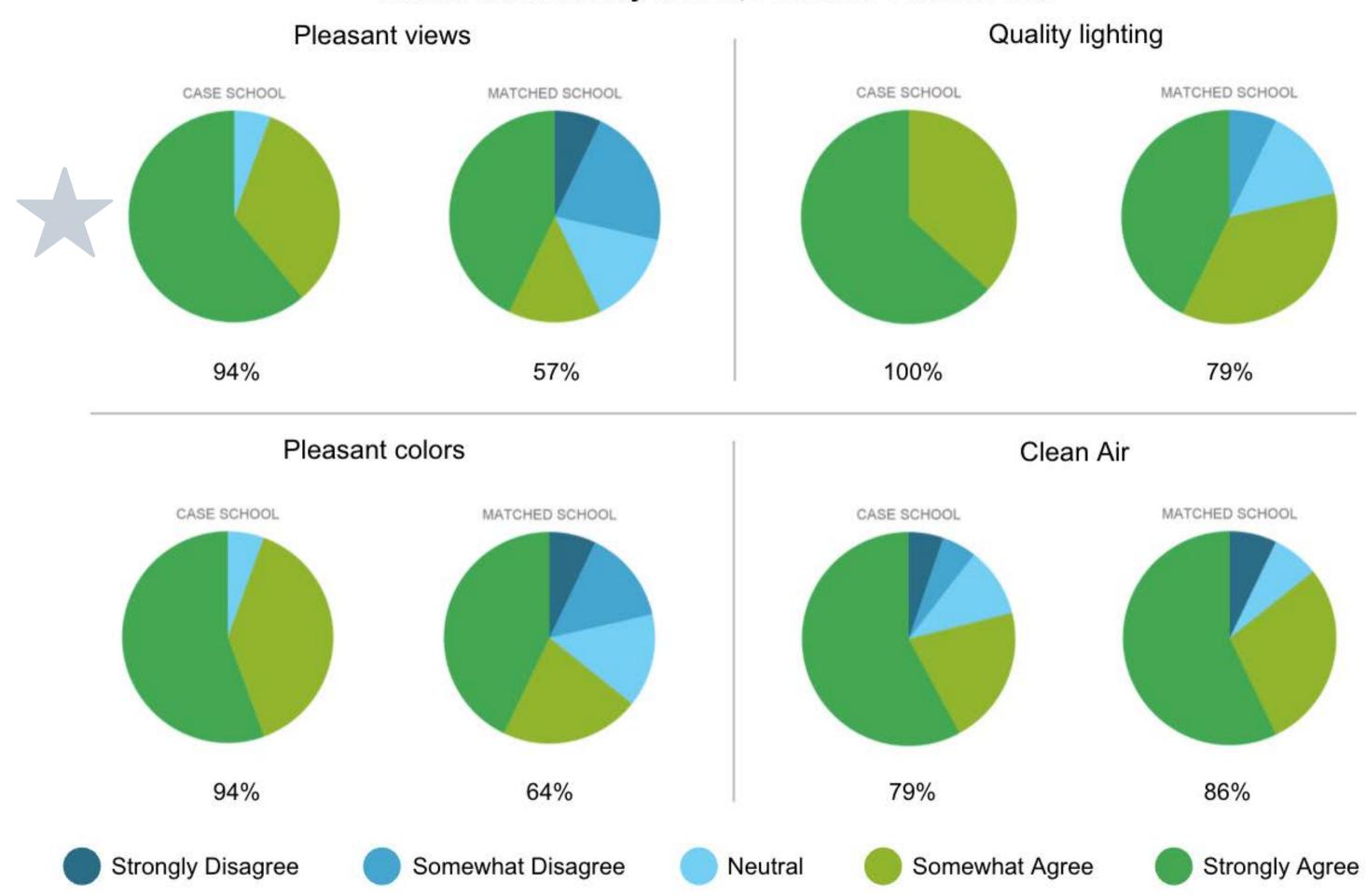
#### My school actively prioritizes the students'...



#### When I am inside my school, I feel I have access to...

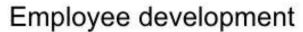


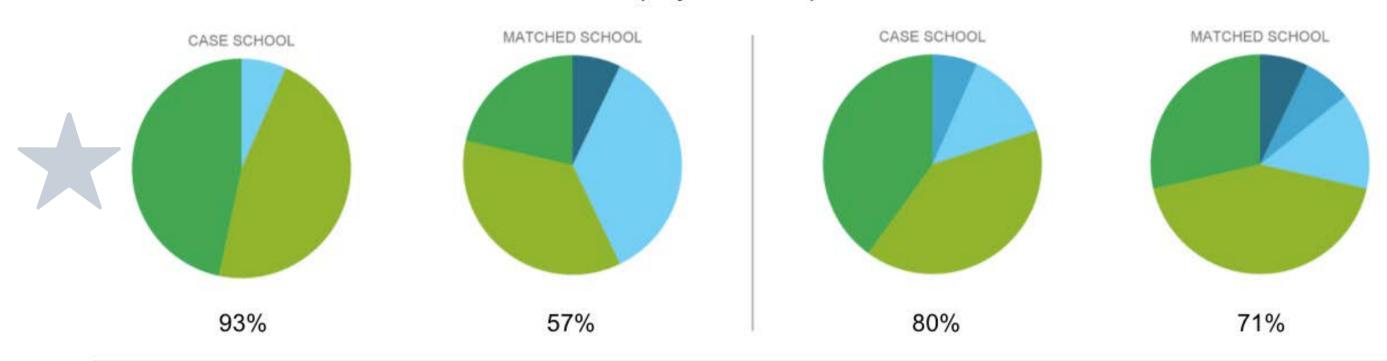
#### When I am inside my school, I feel I have access to...



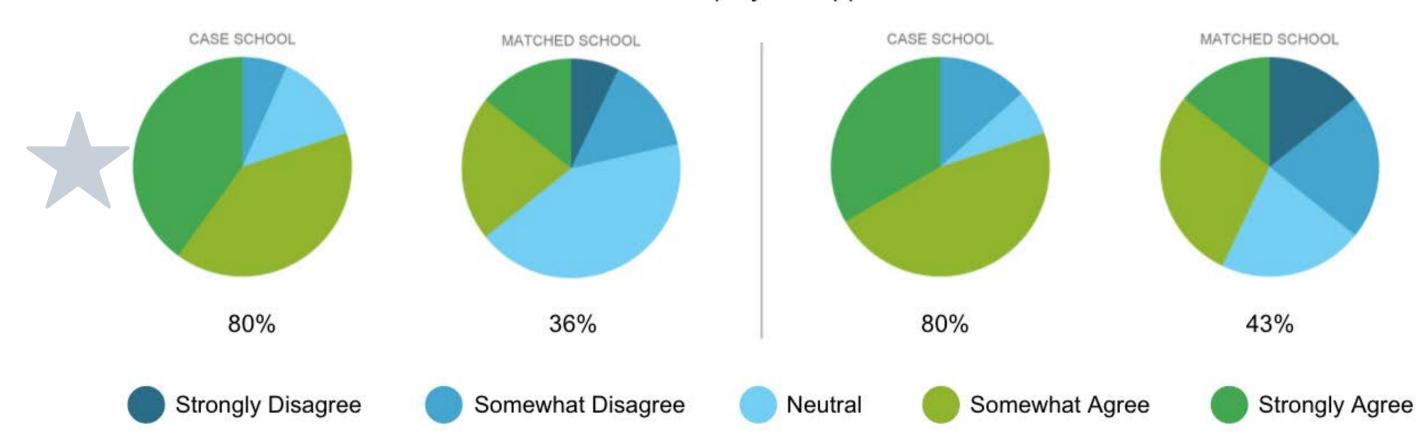
### Prior to COVID-19, I believe my workplace/school supported...

## Upon campus re-entry, I believe my workplace/school supports...



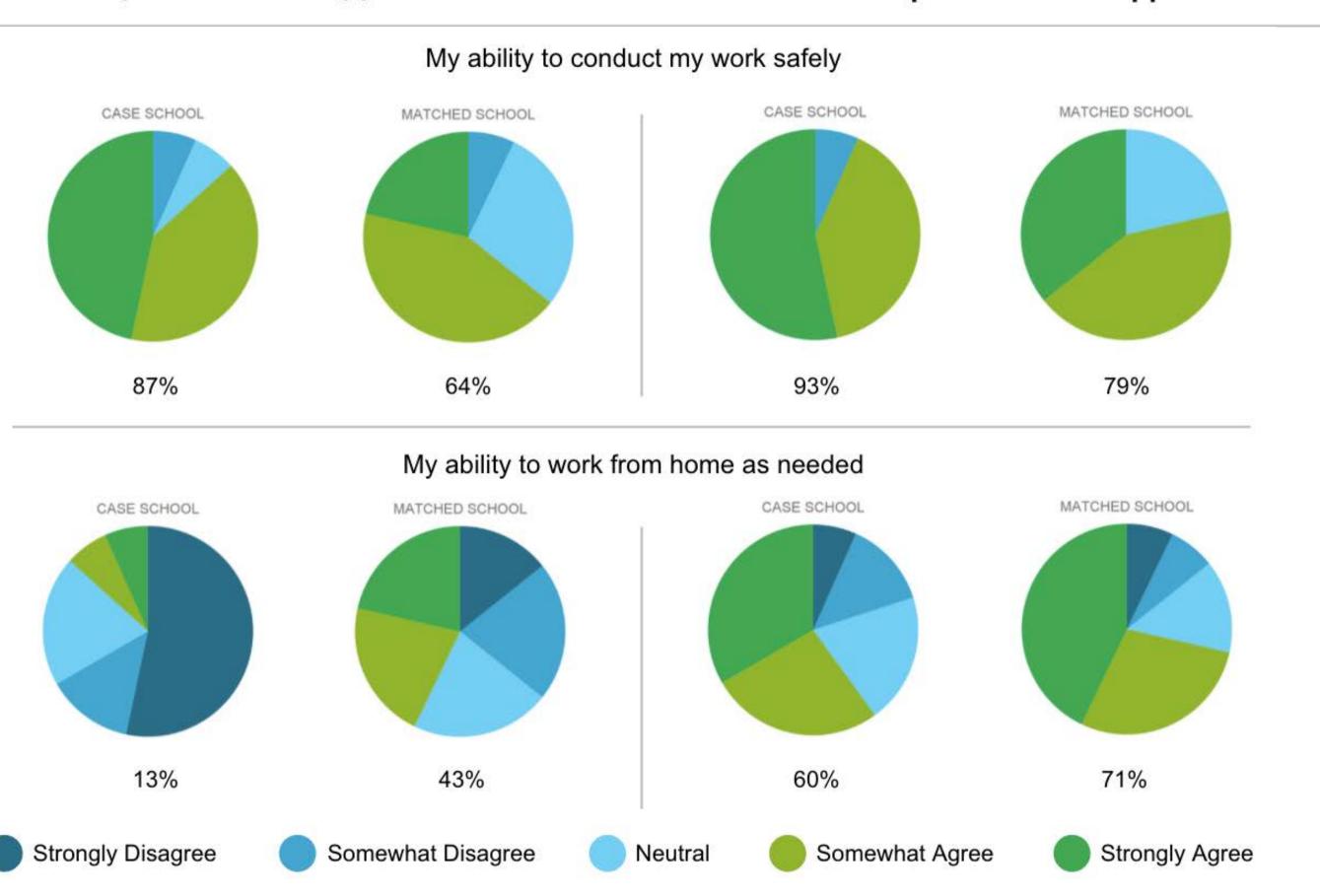


#### General employee happiness



# Prior to COVID-19, I believe my workplace/school supported...

# Upon campus re-entry, I believe my workplace/school supports...



# Discussion



It is possible that the built environment had an increased beneficial impact on learning and educational development by facilitating a sense of belonging and supported social connection by providing programming and collaborative spaces that foster community engagement.



Design strategies can be based on participant agreeing/strongly agreeing with responses emphasizing certain health-promoting design features.



Barriers to health equity in the built environment can be environments failing to promote a sense of belonging, community engagement, and health.

